

WORKING WITH ENERGY:

A PROFESSIONAL PRACTICE PATH

Coaching, supervision, and practitioner development
for professional therapists

Overview

A coaching—training programme for therapists integrating energy work with clarity and responsibility. A living practice path focused on perception, structure, and real client work.

Programme Structure

Weekly Coaching Track

- 90-minute session each week
- *Depth and active integration*

Bi-Weekly Coaching Track

- 90-minute session every two weeks
- *Spacious pace for reflection*

Session Fee: **£150 GBP** per session

Monthly Group Supervision Included

Monthly Group Supervision

Case discussion, energetic patterns, and professional guidance.

Certification Pathway

- Certification earned through case-based competence
- Practitioner Certification
- Trainer Certification with annual coaching updates

Who This Is For

- Professional therapists & counsellors
- Clinically grounded practitioners
- Therapists seeking supervision, not techniques
- Those drawn to energy work with ethical standards

Full details on certification available at:

www.yourwebsite.com